

Amendments to the Specification

Please amend paragraph [0019] as follows (the quotes are in the original text):

The term "100 plane orientation degree" used in the present specification means a ratio of I(100) to a sum of I(100), I(110), and I(111), where I(XYZ) stands for a diffraction intensity of a peak (~~2 θ~~) (2 θ) corresponding to a XYZ plane when a ~~CuK α~~ CuK α beam is used in the X ray wide-angle diffraction method.